

# Holy Hour - Holy Thursday

4th 15 Minutes

Matthew 17: 22-23

**Reader:**

When Jesus and the disciples gathered again in Galilee, He said to them, "The Chosen One is going to be put into the hands of others and be killed, But will be raised again on the third day". And the disciples were filled with grief.

**Response:**

***God teach us to walk beside, walk behind, and when invited, walk in front.***

May we acknowledge our unity in Christ, the One who suffers with us. **R**

May we remember the suffering of our world especially families torn apart by violence and separation. **R**

May we give Christ the power we have over others and learn to be truly with the suffering. **R**

**Hymn: Lay your hands gently upon us.**

Let their touch render your peace.  
Let them bring your forgiveness and healing.  
Lay your hands,  
Gently lay your hands.

Lord, we come to you  
Through one another,  
Lord, we come to you in all our need.  
Lord, we come to you seeking wholeness.  
Lay your hands gently lay your hands.

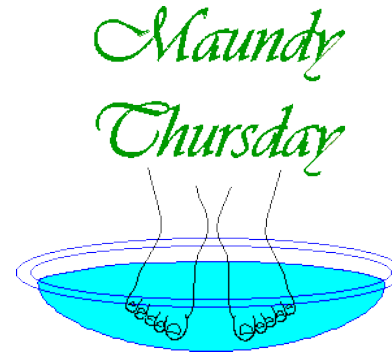


1st 15 Minutes

God Bless our Lord!

**Reader:**

Praise God in God's holy place,  
Sing praise in the mighty heavens.  
Sing praise for God's powerful deeds,  
Praise God's surpassing greatness.  
Sing praise with sound of trumpet,  
Sing praise with lute and harp.  
Sing praise with timbrel and dance,  
Sing praise with strings and pipes.  
Sing praise with resounding cymbals,  
Sing praise with clashing of cymbals.  
Let everything that lives and that breathes  
Give praise to the Living God.  
Glory to you Living God,  
Life-giving, Life-sustaining, Life-inspiring.  
Glory, praise and reverence to you  
Forever and ever.



**Response: God of the journey we walk with you**

May we celebrate the Christ who reveals God in truth to us each day. **R**  
May we walk the Jerusalem journey in whatever way we are called to do so. **R**

May we reverence the prophets who remind us to refocus our attention on God. **R**

**Hymn: Spirit of the living God**

Fall afresh on me.  
Spirit of the living God,  
Fall afresh on me.  
Melt me, mould me,  
Fill me, use me.  
Spirit of the living God, fall afresh on me.



## 2nd 15 Minutes

### You are my light and salvation, O God (Psalm 27)

**Reader:** The Living God is my light and my salvation;  
Whom shall I fear  
God is the stronghold of my life;  
Of whom shall I be afraid

One thing I ask of God,  
Is to live in the house of God  
All the days of my life,  
To behold the beauty of God  
And to inquire in God's temple.

For God will hide me in a shelter  
In the day of trouble;  
God will conceal me under the cover of a tent;  
God will set me high on a rock.

Glory to you God of Light.  
Guide in the darkness, warmth in the cold.  
Glory and praise to you forever.

### **Response :** God of the Suffering, hear us

May we hear and respond to your prophetic word  
in the signs of our times. *R*  
May we remember our suffering world  
with hope in the God of love. *R*  
May we face all that is to be in our lives with trust in the courageous  
Christ who faced his future without denial or escapism. *R*

### **Hymn:** The love I have for you, my Lord,

Is only a shadow of your love for me.  
Is only a shadow of your love for me.  
Your deep abiding love.  
My life is in your hands.  
My life is in your hands.  
My love for you will grow, my God.  
Your light in me will shine.

## 3rd 15 Minutes

### John 13:1-5

#### **Reader:**

As the celebration of Passover approached,  
Jesus knew that his time had come at last for him to leave this world.  
He loved his followers and would until the very end.  
Jesus and his friends sat down to supper.  
Even Judas who would betray him was there.  
Jesus, knowing that he came from God and  
Would soon be returning,  
Rose from the meal,  
Stripped off his outer garments and  
Wrapping a towel around his waist,  
Poured water in a basin.  
Then he washed the disciples' feet,  
And dried them with a towel.

#### **Response :** God of the lonely walk with us.

May we move freely with Christ towards Jerusalem and towards the  
cross. *R*  
May we walk this passion journey in love and in unity. *R*  
May we remember all those who are forced to walk the way of  
suffering through illness, violence, exile, betrayal and poverty. *R*

#### **Hymn:** You shall cross the barren desert

But you shall not die of thirst.  
You shall wander far in safety  
Though you do not know the way.  
You shall speak your words in foreign lands  
And all will understand.  
You shall see the face of God and live.

Be not afraid, I go before you always,  
Come follow me, and I will give you rest.

