A Summer Prayer!

May you breathe in the beauty of summer with its power of transformation...

May you seek and find spaces of repose during these summer months...

May these moments refresh and restore the tired places within you...

May you be open to times of celebration and recreation that are so much a part of summer...

May your eyes see the wonders of summer’s colours...

May these colours delight you and entice you into contemplation and joy...

May you feel energy of summer rains penetrating thirsty gardens, golf courses, lawns and farmlands...

May your inner self be refreshed, restored, and renewed...

May you enjoy the unexpected and find surprises of beauty and happiness as you travel the roads on summer holidays.

– Joyce Rupp and Macrina Wiederkehr