

# A Lenten Prayer

Heavenly Father, As we begin this sacred season of Lent, we turn to You with humble hearts. Help us to seek You through prayer, fasting, and acts of love.

Cleanse us from sin and renew our spirits  
so that we may grow closer to You.

Lord Jesus, You showed us the way of sacrifice and mercy. Teach us to embrace our crosses with faith and to walk in Your footsteps. May this Lent be a time of true repentance, where we turn away from distractions and focus on Your everlasting love.

Holy Spirit, guide us in our journey of renewal. Strengthen us to resist temptation and inspire us to serve others with kindness and generosity. Let our sacrifices be an offering of love to God and a source of grace for those in need.

Blessed Mother, lead us to Jesus with trust and devotion. As we prepare our hearts for Easter, may we grow in faith, hope, and love.

We offer this Lenten season to You, Lord.  
Transform us by Your mercy.

Amen